cosmetic surgery

by ...tjl solicitors:

CHECKLIST:

How to choose a cosmetic surgeon and avoid potential health risks

> Finding the right cosmetic surgeon can be difficult. And the consequences of choosing the wrong one can be severe. Inexperienced, unqualified or sloppy surgeons can cause long-lasting or even permanent damage to your body.

So how to know who to trust, where to look and what to watch out for?

To help simplify the task, here is our five point guide to making the right choice.



Be clear about what you want



WHAT TO CONSIDER:

What prompted your interest in cosmetic surgery? Be honest about your motivations.

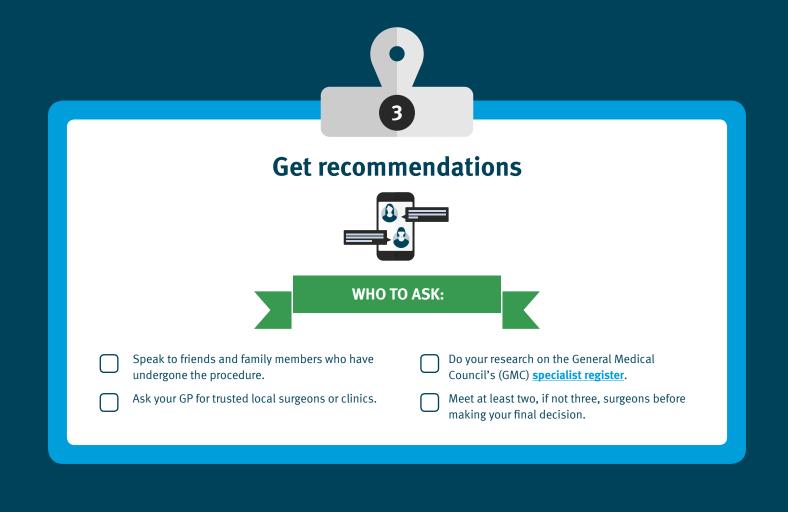
Have you spoken with a counsellor about your motivations? Issues of low self-esteem or negative self-image may be better suited to treatment from a counsellor or therapist. Have you investigated non-surgical alternatives?

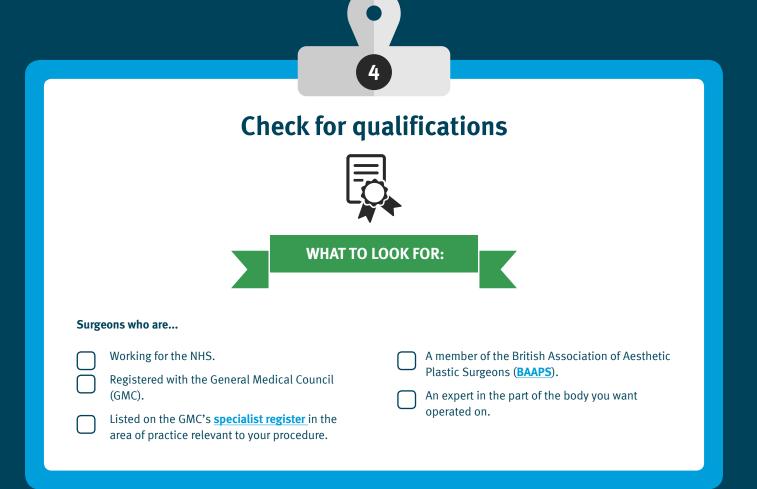
Do you know what you want your operation to achieve?

Are you being realistic and precise with your expectations?

Have you spoken with anyone who has already undergone the procedure?









Get the answers you need



WHAT TO ASK DURING YOUR CONSULTATION:

)	What happens during the procedure - before, during and after?	\Box	How much will the surgery cost, including aftercare or any follow-up treatments?
)	Will the results of the procedure match your expectations?	\Box	Is your surgeon insured to perform cosmetic surgery in the UK?
)	How many times has your surgeon performed this operation in total? In the past year?	\Box	Is your surgeon aware of any and all medical conditions you have or medications you're taking? Are you consulting with the person who will perform your procedure?
)	What are the possible risks, side effects and problems?	\square	
)	What is the aftercare and recovery time?	\bigcirc	
Ì	What happens if something goes wrong or		

WHAT TO ASK AFTER YOUR CONSULTATION:

Step 1

• Have you taken at least two weeks 'cooling off' time before committing to surgery?

you're not satisfied with the result?

- Have you thought through the practical considerations of who will look after you and how you will get home after the operation?
- Did the surgeon fully answer all your questions to your satisfaction?

Step 2

- Did you consult with a surgical consultant, patient care coordinator or clinic manager (who often have no medical training)?
- Was your surgeon vague about the outcome of the operation?
- Did your surgeon rush through your appointment?
- Did your surgeon claim they could perform miracles?
- Did your surgeon try to sell you additional surgeries?

If you answered 'yes' to any of the questions in Step 2 consider finding another surgeon

DON'T LISTEN TO THE ALARM CLOCK!



Take your time

One last piece of advice before you commit to any surgical or non-surgical cosmetic procedures: **take your time**.

The impact of surgery can last a lifetime, so resist the urge to go under the knife before you have completed all your research and fully considered all your options.

For more help and advice

British Association of Aesthetic Plastic Surgeons (BAAPS) www.baaps.org.uk

> Royal College of Surgeons www.rcseng.ac.uk

British Association of Plastic Reconstructive and Aesthetic Surgeons (BAPRAS) www.bapras.org.uk

> General Medical Council www.gmc-uk.org

cosmetic surgery

CONTACT COSMETIC SURGERY SOLICITORS FOR MORE ADVICE:

www.cosmeticsurgerysolicitors.co.uk